

# CREATE ENGAGING & PERSUASIVE SRHR CONTENT

Day 4: SRHR Content & Popular Platforms





Camera on, mic off



Notebook and pen



**OLA** account



Smartphone

### WHAT YOU NEED





our approach to content creation

**Target Audiences** 

**Persuasive Aims** 

**Storytelling** 

**Creative Formats** 

**SRHR Content** 

**Popular Platforms** 



### AGENDA DAY 4

**The Pleasure Approach** 

**Types of SRHR Content** 

Facebook & WhatsApp

Instagram & TikTok



# RECAP AND REFLECTION



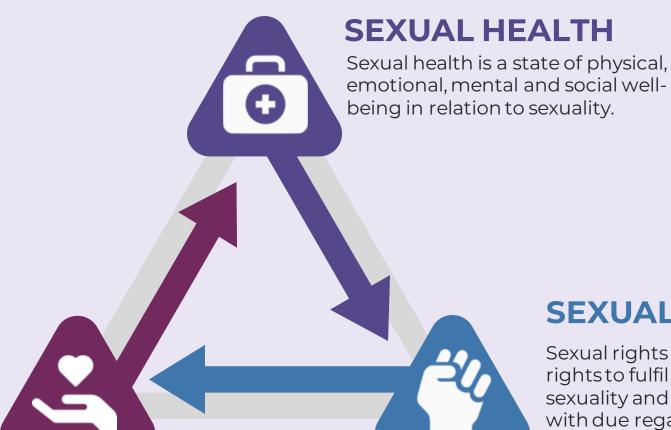


# The pleasure approach recognises that young people are living sexual beings that want to experience love, sex and relationships that are both enjoyable and safe.

By doing so, sexuality education information using the pleasure approach covers the full scope of sexual experience and pleasure, and not exclusively topics related to the reduction of sexual health risks



### THE TRIANGLE FRAMEWORK



#### **SEXUAL PLEASURE**

Sexual pleasure is the physical and/or psychological satisfaction and enjoyment derived from solitary or shared erotic experiences.

#### **SEXUAL RIGHTS**

Sexual rights protect all people's rights to fulfil and express their sexuality and enjoy sexual health, with due regard for the rights of others.



**GAB's Triangle Approach to Addressing Sexuality** 

### **SEXUAL RIGHTS?**

Which are rights critical to the realization of sexual health?



The rights to equality and non-discrimination



The rights to information as well as education



The rights to freedom of opinion and expression



The right to attain the highest standard of sexual health



The rights to decide the number and spacing of one's children



The right to be free from cruel treatment or degrading punishment



### SEXUAL PLEASURE

Enabling factors in the GAB's definition of pleasure





enjoyment





Answer the following question:

Are these aspects related to sexual health, rights or pleasure?



- Deciding whether to have children, the number and spacing of their children
- Protection against STIs and unintended pregnancies
- Understanding the importance of consent and how it can lead to better sexual experiences
- Open communication with others about desire, relationships and sexuality
- > The ability to make autonomous choices about one's body



## The pleasure approach in sexuality education has yielded some promising results in terms of:

- ✓ Improved communication between sexual partners
- ✓ Increased awareness of diverse sexual identities
- ✓ Increased safer sexual practices such as increased use of condoms and better use of family planning techniques
- ✓ Greater acceptance of individual's own sexuality
- ✓ Increased sexual agency and empowerment





### **CASE STUDY**

In India, Love Matters has created a series of pleasure-positive films to engage users. The films cover how to give and receive pleasure safely, respectfully and enjoyably. In true Love Matters style the films are informal, educational and humorous.

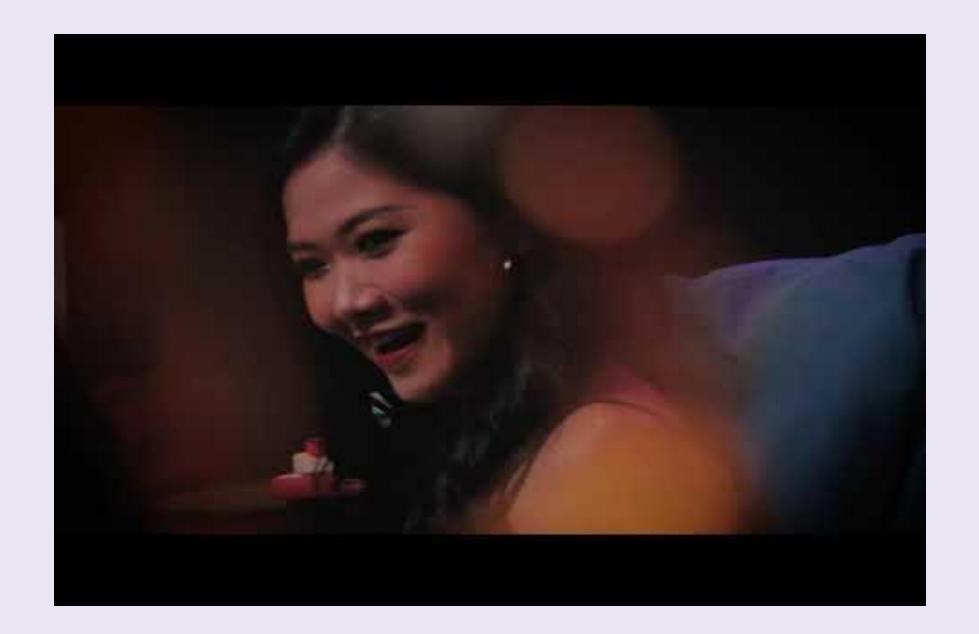


















# SRHR CONTENT TYPES USED BY THE LMGN







**STORIES** 





Fact-based content should be created by an SRHR expert



Fact-based content should be simple, free from jargon and wordplay, and easy to understand for low-literacy readers.



Facts, or evidence based SRH information content, is straightforward, objective information about love, sex, sexuality, relationships and the body.



If the source is a scientific article, include a link to the page or provide a downloadable file.



Thoroughly check the accuracy of any information you include about sexual health or medication.



Refer to multiple sources to ensure information is correct.



Try to use objective and scientific information from reputable sources, including links to the source where possible



If reputable scientific or medical opinions on an issue are divided, mention this in the article.





(C) Love Matters | Rita Lino

MAKING LOVE > VIRGINITY

### The hymen: what is it?

The hymen is a thin piece of skin that is part of a woman's vulva. Its importance is mainly cultural, and many myths are associated with it.



Take care to protect the identity of other people who feature in the testimonial unless you have received their permission to use their real name.



Choose pseudonyms that are culturally appropriate.



Stay true to the facts and spirit of the testimonial. It is acceptable to write a testimonial you have heard from a subject as if it is in their voice, but events or details should not be altered.



It is not acceptable to make up fictional stories and present them as true stories.



### **STORIES**

Stories are opinion pieces, experiences/personal stories, testimonials, agony aunt or "sexpert" articles, fun facts, tips, etc.

The story should be factually correct to the best of your knowledge, and you should do your best to verify this as far as possible.



When anything has been changed you must always state that this story is true, but names and places have been changed to protect identities.







Shutterstock/Syda Productions

**OUR BODIES** 

# My dad taught me how to use a pad

By Arpit Chhikara Friday, May 25, 2018 - 17:03

Sanvi\*, a teenager from Kasauli, shared her story with Love Matters India's writer Arpit Chikkara about how she felt very distraught when her friend \*Tanya had to rush home, middle of a school day, after she stained her skirt

with a red spot. Next day Tanya said this was 'ladkiyo wali baat' and only moms could talk about it. Sanvi, who grew up in all-boys household also revealed who finally did the 'ladkiyon wali baat' with her.



### **USER-GENERATED** CONTENT

- ➤ Engagement
- ➤ Community building
- ➤ Cost
- ➤ Authenticity
- ➤ Content





Dear LMN

I am confused. I don't know what to do. Two men are in love with

It all started when I was stranded and I met a guy who gave me accommodation. He loves me so much and I was pretending to love him too. We were together for one year and in this one year, I tried to love him but I couldn't.

After the first year, I got my own apartment and left his house, but he still loves me now and he's asking me to marry him but as I said earlier I don't have feelings for him.

I met another guy who loves me and I love him too. We're in love with each other but he is not yet ready for marriage.

Please friends, I'm not sure how to handle this situation. I need your advice. Should I go for the one in love with me which I don't love or the one that loves me and I love him too?

#MessagesFromOurInbox







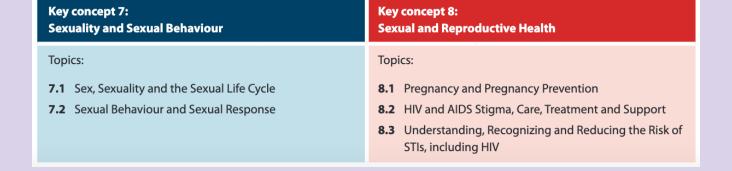


Which SRHR topics do you want to cover?

# UNESCO Guidelines on Sexuality Education

Key concept 1:	Key concept 2:	Key concept 3:
Relationships	Values, Rights, Culture and Sexuality	Understanding Gender
<ul> <li>Topics:</li> <li>1.1 Families</li> <li>1.2 Friendship, Love and Romantic Relationships</li> <li>1.3 Tolerance, Inclusion and Respect</li> <li>1.4 Long-term Commitments and Parenting</li> </ul>	Topics:  2.1 Values and Sexuality  2.2 Human Rights and Sexuality  2.3 Culture, Society and Sexuality	<ul> <li>Topics:</li> <li>3.1 The Social Construction of Gender and Gender Norms</li> <li>3.2 Gender Equality, Stereotypes and Bias</li> <li>3.3 Gender-based Violence</li> </ul>

#### Key concept 4: Key concept 5: Key concept 6: Skills for Health and Well-being **Violence and Staying Safe The Human Body and Development** Topics: Topics: Topics: 5.1 Norms and Peer Influence on **6.1** Sexual and Reproductive 4.1 Violence Sexual Behaviour Anatomy and Physiology 4.2 Consent, Privacy and Bodily Integrity **5.2** Decision-making 6.2 Reproduction 4.3 Safe use of Information and 5.3 Communication, Refusal and **6.3** Puberty **Communication Technologies Negotiation Skills** 6.4 Body Image (ICTs) 5.4 Media Literacy and Sexuality **5.5** Finding Help and Support





#### **Taboo Topics**

Talking about these topics brings substantial to intolerable risk to the team and/or the platform. The team shouldn't tackle these topics often (if any time at all).

### **Challenging Topics**

Talking about these topics brings moderate to substantial risk to the team and/or the platform.

However, these topics are important. Therefore the team should tackle these topics with a specific strategy to reduce risk.

Low Importance

#### **Filler Topics**

Talking about these topics brings trivial to moderate risk to the team and/or platform. The team shouldn't tackle these topics too often (if any time at all).

### **Evergreen Topics**

High

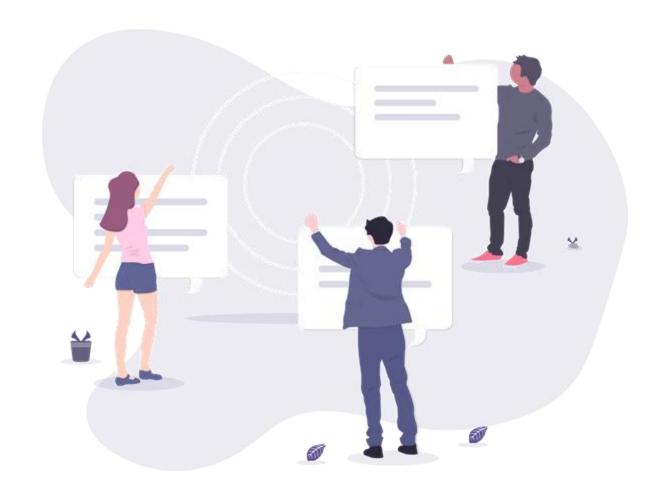
**Importance** 

Talking about these topics brings trivial to moderate risk to the team and/or the platform. These topics are important for the project therefore the team could write often about these topics.



Low Risk

# **ACTIVITY**Choose Your SRHR Topics









On a scale of 1-5, how well do you master these social media platforms?





Go to **menti.com**, enter the code **1542 4578** and answer the following question:

On a scale of 1-5, how well do you master these social media platforms?







What keywords come to mind when you think of each platform?

# SELAMAT MAKAN







# BEST PRACTICES FOR FACEBOOK

- 1. Make a good first impression
- 2. Harness the power of video
- 3. Link generously
- 4. Connect your post to a trending topic or holiday
- 5. Share user-generated content
- 6. Engage with your audience
- 7. Repurpose your best content

# 1. Make a good first impression

Ensure that when potential new followers land on your Facebook Page, the design of your cover photo is compelling and the About section is clear.





- Love Matters Africa ♥ Love, sex & everything in between ♥ Twitter@lovemafrica ♡ Instagram@lovemattersafrica OForum lovemattersafrica.com/forum
- Welcome to Love Matters: blush-free information and news on love, sex & relationships for young adults around the world. Here you'll find the latest n... See more
- 1,749,510 people like this
- 1,745,315 people follow this
- http://www.lovemattersafrica.com/
- Send message



Ladies, Does Birth Control or Contraceptives Make You Gain Weight? Share your experiences. #HelpASister





#### WATCH: HIV cannot be transferred through touch

HIV, which is a virus that causes AIDS, is considered a sexually transmitted disease (STD) because it can be spread through certain sexual behaviours like penetration or oral sex. This means that HIV cannot be spread through shaking hands or hugging. Watch the full video to learn more!

© 41 8 Comments 6 Shares

#### **Latest Videos**







Explaining #SexualConsent in Nigerian Pidgin



How to Use Withdrawal Method to Prevent Pregnancy

# 2. Harness the power of video

Video content is more engaging than any other type of Facebook content. The average engagement rate for a Facebook video post is **6.13%**, which is higher than all other kinds of content. People look at videos five times longer than static content.





# 3. Link generously

Organizations that apply an open, networked approach to social media channels will engage their audiences more successfully than those with social blinders on and only talk about themselves.



It's that time of year again...

Our 7th annual Creators & Innovators Upcycle Contest is here!
We've partnered up with our friends at VISSLA and The Ecology
Center to challenge you, the wave conscious, to take something that
might be considered waste and create something that can be used
in the ocean.

Learn how to enter the Creators & Innovators Upcycle Contest and download a DIY hand plane template at vissla.com/creatorscontest.

@ @brianelliott
#creatorscontest







Organ Donation isn't scary it's booootiful! Register to be a life-saving #organdonor at https://donatelife.ny.gov/. #HappyHalloween 😥 🙆 💀



4. Connect your post to a trending topic or holiday



ORGAN DONATION ISN'T SPOOKY.

### 5. Share usergenerated content

Encourage users to ask questions and create posts and keep an eye out for mentions of your name, so that you can capture these great opportunities.





Hello Love Matters Naija,

I have been dating this girl for 4 years. We met in higher institution. During this period of dating, we always arguments, she will tell me that it's over between us and she won't pick my calls until I send someone to help me beg her to take me back.

She has been doing this often, and sometimes when I suspect her of cheating on me and I confront her, she'll say I'm not yet married to her and that I should stop monitoring her movement.

In January this year, we had another argument and she told me that our relationship was over. She blocked me on Facebook and she posted 4 photos on her WhatsApp status, which she took with a guy in a hotel room and in some other places, and wrote 'Lovers' just for it to hurt me.

From April till now, the relationship has been going well. I just finished my NYSC service and I'm currently managing a small business which is paying me very well. However, the problem I'm having now is that those things she did to me back then keep playing in my head. I have tried to forget it all but it won't go.

I'm not seeing another woman nor cheating on my girlfriend. I don't even have time for myself because of my business not to talk of seeing other women, but the past keeps on playing in my memory.

#RelationshipProblems #IPV



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age

hablemosdesexo.com

en

nmental Organization (NGO) · ganization

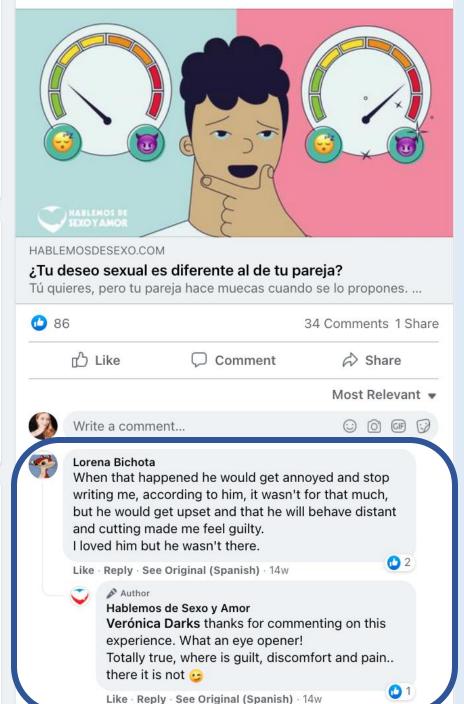
w.instagram.com/hablemosde



See all



vide que las mujeres lesbi...



# 6. Engage with your audience

Engaging with your community helps you build trust with your audience, create momentum, show that you care and appreciate everyone interested in your mission.

# 7. Repurpose your best content

For example, if you have shared a successful text post, consider creating a graphic, a podcast, a video on the subject. Then, you can repost your popular content at regular intervals to keep it in front of your audience.





FOR MORE INFORMATION ON CONTRACEPTION AND FAMILY PLANNING. PLEASE REACH OUT TO MARIE STOPES NIGERIA ON:



your experience?

Do you think one emergency contraceptive pill will be enough if you had unprotected sex

Love Matters Naija

multiple times the night before?

#Contraception

Find out the answer in the article below.

Have you ever used the 'morning after' pregnancy pill?

April 17, 2020 · 3



Take the second one 12

hours later.

What if u take this 5 days after is it still safe?

Like - Reply - 1y

Most Relevant is selected, so some comments may have been filtered out.

#PleasurePositive #LoveMatters #TeamLMNaija

What do you know about emergency contraceptive pills?

This video from Love Matters Arabic explains in detail how

emergency contraceptive pills work and how you can use it to protect yourself.

Have you used an emergency contraceptive pill before? What was

Most Relevant .

What do you know about emergency contraceptive pills? This video from Love Matters Arabic explains in detail how emergency contraceptive pills work and how...



## BEST PRACTICES FOR WHATSAPP

- 1. Provide information quickly
- 2. Bridge the digital divide
- 3. Think outside the box
- 4. Answer sensitive questions
- 5. Foster the active engagement

# 1. Provide information quickly

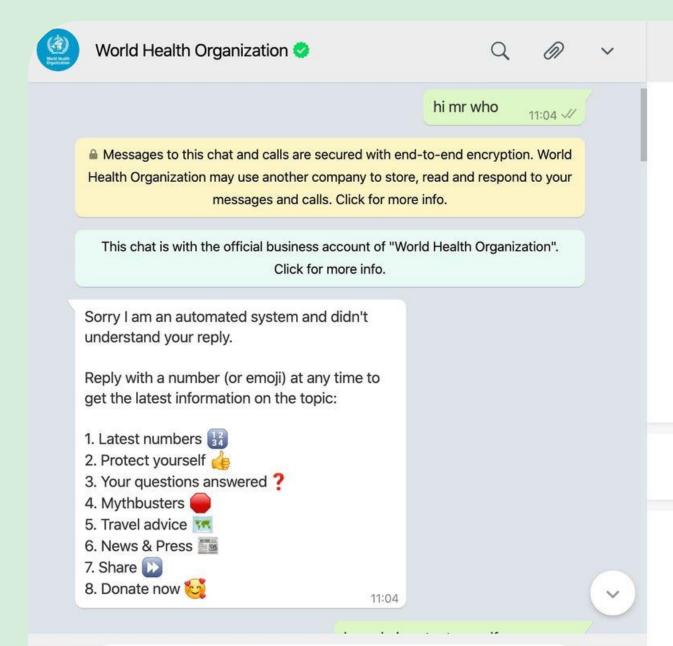
Driven by the rapid spread of COVID-19, organisations have been using WhatsApp to disseminate critical information through WhatsApp groups whose members can then easily share with their respective networks.

### Have questions about COVID-19? We have answers



















×



#### Official business account



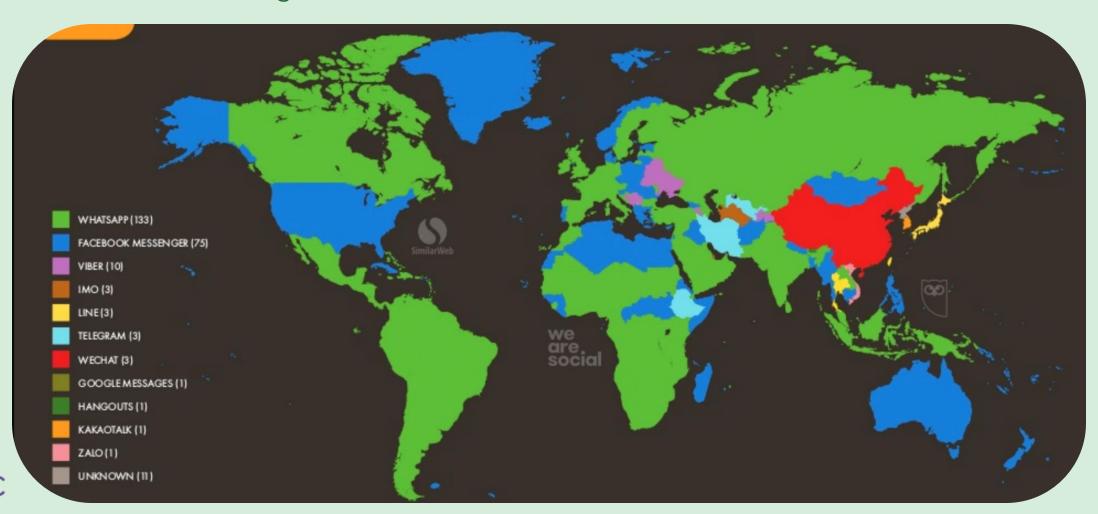




This service will provide you with information and guidance from W current outbreak of coronavirus c (COVID-19) that was first reported December 2019.

### 2. Bridge the digital divide

WhatsApp can help you reach digitally-disadvantaged communities. In developing countries with underdeveloped (or overly expensive) telecom options, WhatsApp is the go-to alternative to text or other social media.



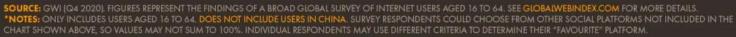
APR 2021

#### **FAVOURITE SOCIAL MEDIA PLATFORMS**

PERCENTAGE OF INTERNET USERS AGED 16 TO 64 (EXCLUDING CHINA) WHO SAY THAT EACH OPTION IS THEIR 'FAVOURITE' SOCIAL MEDIA PLATFORM'















# 3. Think outside the box

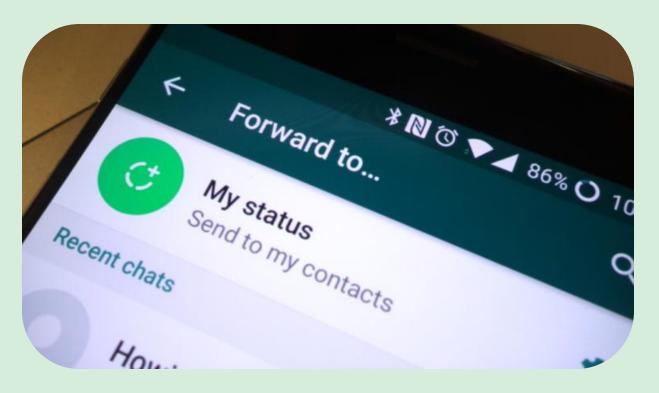
- In **Lebanon**, COVID-19 tests can be ordered on the app
- In Argentina, a chatbot connects patients to doctors to report COVID symptoms
- A Philippine diplomatic mission in the United Arab Emirates uses the app as a hotline for its citizens working in the country
- In **Brazil**, citizens use an in-app directory of 1000s of retailers

# 4. Answer sensitive questions

A pilot ran by Love Matters India showed that subscribers felt comfortable asking their most private questions via WhatsApp. Some said that they wouldn't want to ask these sensitive questions publicly on a more public platform.







# 5. Foster the active engagement

WhatsApp has excellent engagement rates.

98% of messages are opened and read, and
90% of them get opened within three seconds
of being received. Additionally, people tend to
share your content through private messages
or groups, which can amplify your message or
campaign at no extra cost.

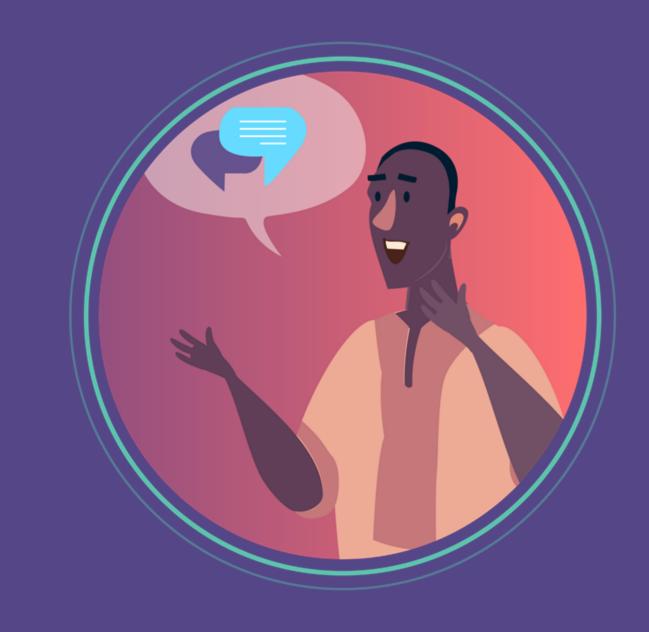


### REFLECTION

Do you have any other **Facebook** or **WhatsApp** tips you'd like to share?

Would you like to reflect on any of the best practices?







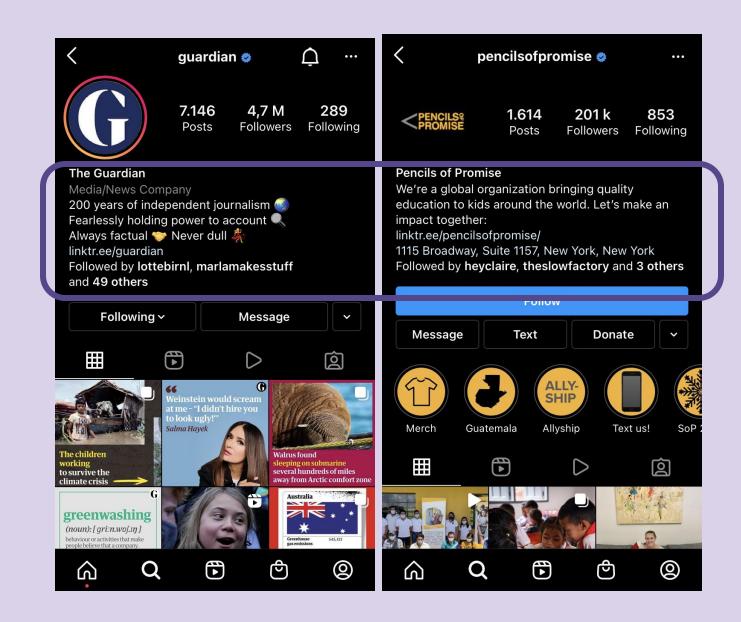
### BEST PRACTICES FOR INSTAGRAM

- 1. Find your focus
- 2. Aim your content at a young audience
- 3. Use all the content types
- 4. Create mobile first
- 5. Swipe up
- 6. Put a face on your story
- 7. Use interactivity
- 8. Help people find you with geotags
- 9. Use highlights to intro new followers
- 10. Make sure you're posting enough



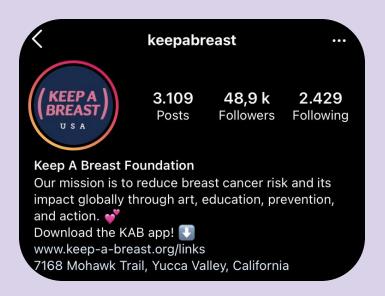
### Find your focus

What is your unique selling point (USP)? What's your "thing?





#### THE BIO



#### **STYLE**

Be authentic, concise and consistent. People need to know what to expect.



#### **FORMAT**

Punchy Headline.
Then, something that starts a conversation.
Include your location.
Call to action: link.



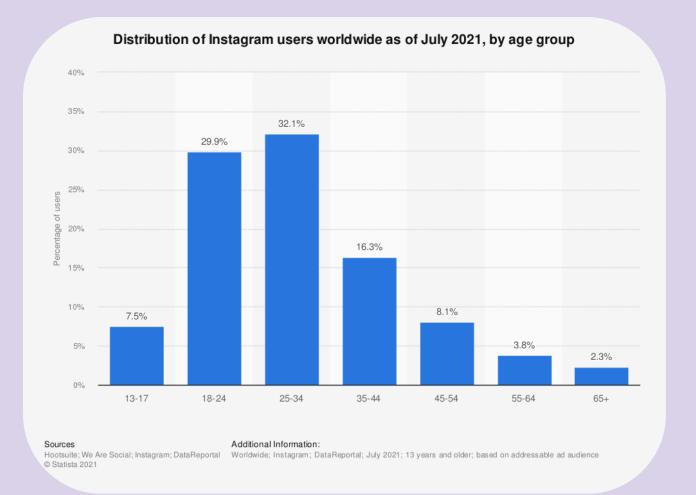
#### **NUMBERS**

Don't follow more people than follow you. People will think you're a bot.



# 2

# Aim your content at a young audience







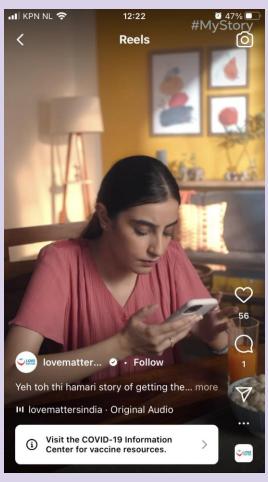
# Use all the content types

Photos, videos, stories, live.

Maximize your chances of appearing on the explore page.









Posts Stories Reels

#### THE WAYS PEOPLE CONSUME CONTENT



#### ON THE GO

- Short sessions
- Unplanned
- Frequent
- Discovery and Connection



### CAPTIVATED VIEWING

- Longer sessions
- Planned
- Intentional
- Relaxation and Entertainment

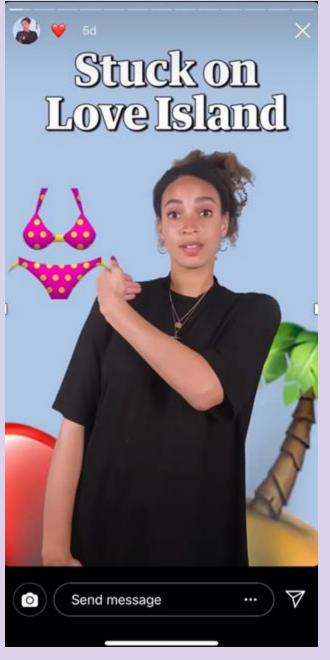




# Create mobile first

You can do amazing things with just your phone!









### Swipe up

Prompt deeper discoveries / Link in Bio

SWIPE UP!









### Put a face on it

Humanize your content by highlighting volunteers, staff and those you serve.





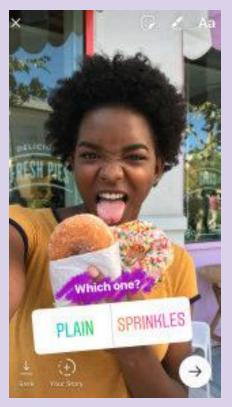






# Interactivity is your secret weapon

Drive engagement and not only passive views











## Help people find you with geotags

More specific: greater discovery



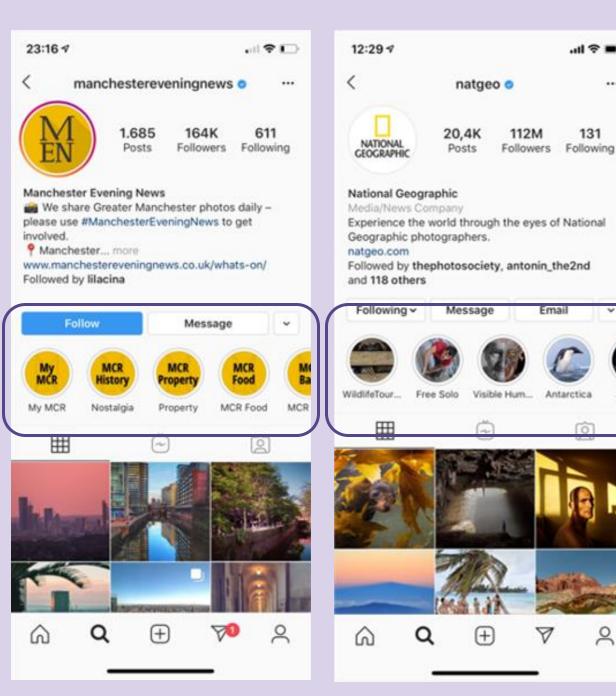






### Use highlights to intro new followers

A way for them to discover what to expect



atl 🗢 🔳

131



# 10

# Make sure you're posting enough

The general trend is that more popular accounts also tend to post more

	over 1 million followers	under 1 million followers
Post <b>more</b> often to feed	4.3 posts/day	2.3 posts/day
Use stories regularly	4.1 stories/day	2.8 stories/day
Post <b>more</b> <b>videos</b> to feed	35.2%	32.0%



#### **VISUALS: ANATOMY OF A GREAT INSTA STORY**

#### **INTRO**



1. Selfie styled into

2. Short punchy display copy



3. Location tags & hashtags



**3-6 POSTS** 

4. Use interactives: polls, stickers, sliders liberally



5. Mix up visuals: boomerang, video, picture, screengrabs





6. Embrace GIFs (the cool kids are)

7. Use Swipe Up for deeper discoveries.





#### **GROUP WORK**

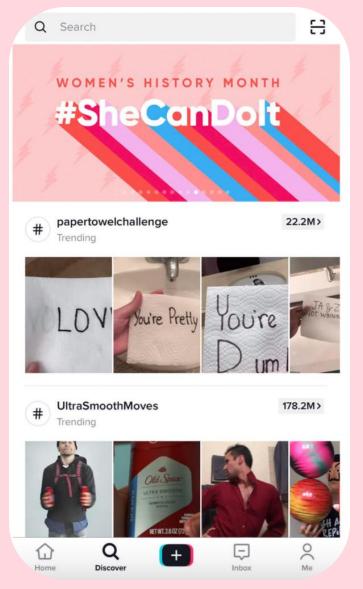
Click on the **Mural** link in the chat and, in groups, brainstorm and map a potential Instagram story.

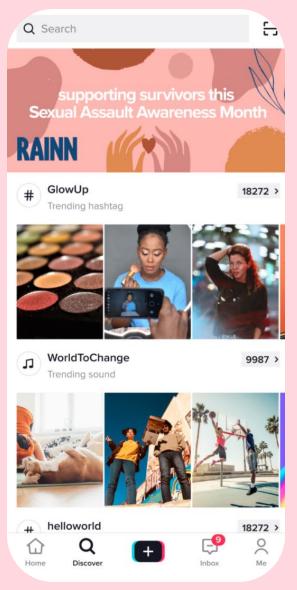




# BEST PRACTICES FOR TIKTOK

- 1. Search the discover page for trends
- 2. Create hashtag challenges
- 3. Inspire the youngest audience
- 4. Partner up
- 5. Go live
- 6. Debunk and inform
- 7. Be on the lookout for new features







### Search the discover page for trends

When there's a new challenge on the Discover page, millions of users can see it and join in. Regularly peruse the platform, get familiar with trends and identify opportunities to connect your content accordingly



# 2

# Create hashtag challenges

Hashtags increase awareness for your cause and users can create videos to that hashtag. When creating a new hashtag challenge, make sure that there's a clear and simple purpose or goal. The name should also be simple and memorable.





#### #JaiLeDroit (IHaveTheRight)

Together with AuFeminin, TikTok launched the #jailedroit challenge in France for 2019 International Women's Day. TikTok users spoke up for their rights and said a resolute no to stereotypes and gender-based discrimination.

27K videos created

12.2M video views

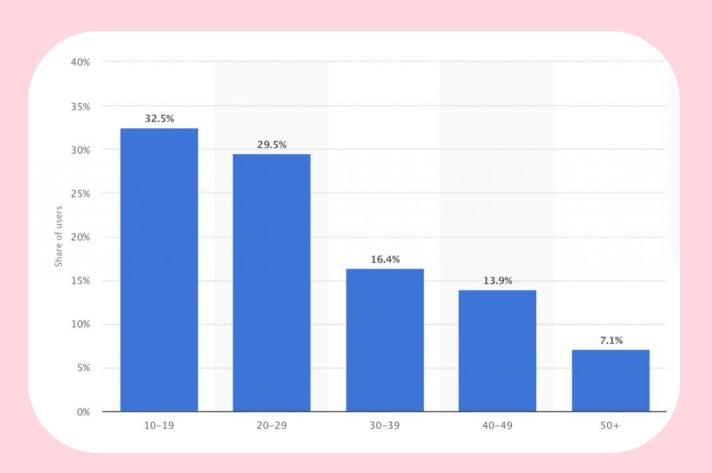


#### #DanceForChange

The United Nation's International Fund for Agricultural Development (IFAD) launched the world's largest dance challenge to help people in rural areas of Africa and other developing countries. IFAD's #DanceForChange TikTok's videos were created by our users as a virtual petition to increase investment in sustainable agriculture.

33K videos created

81M video views





# Inspire the youngest audience

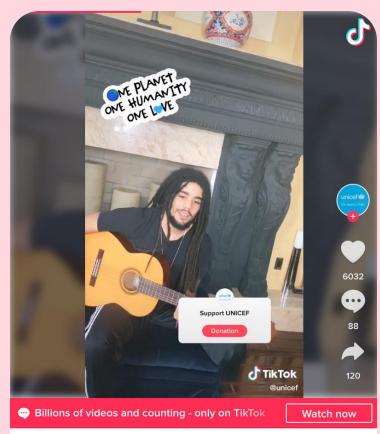
60% of TikTok users are Gen Zers.
Gen Zers are trendsetters and social amplifiers.



# 4

### Partner up

The influencers you work with don't need to have millions of followers to be effective at spreading the word. If you understand your target audience, working with small creators that are influential to your specific audience can make a huge impact.



#### @unicef 🔮

Join Skip Marley and an exciting lineup of TikTok creators LIVE tonight at 8pm EST in support of children affected by COVID-19. **#OneLoveOneHeart** 

original sound - UNICEF



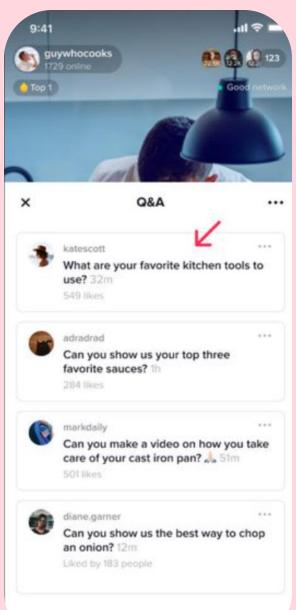
#### @onetreeplanted 📀

#MakeAForest, tag @onetreeplanted and we'll plant a REAL tree for you! \$\text{\$\text{\$}}\$Up for the challenge? Video by @erinoutdoors #onetreeplanted

□ EDM FESTIVAL - Aleksey Zaykov









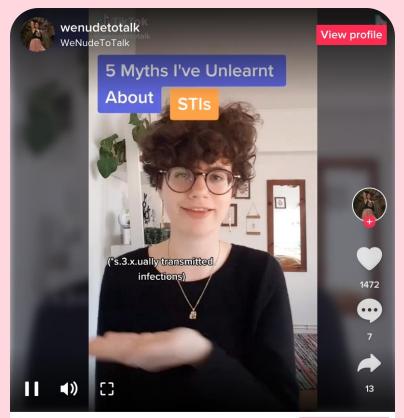
#### Go live

TikTok LIVE allows you to interact with your audience in real-time, enabling deeper engagement. You can quickly respond to viewers' comments and questions or present something you're launching and receive immediate feedback.

# 6

### Debunk and inform

Many organisations and health professionals have been using the platform to set people straight. The "debunking" genre is fairly popular on TikTok and it's been used from Covid-19 to mental health to SRHR myths and disinformation.



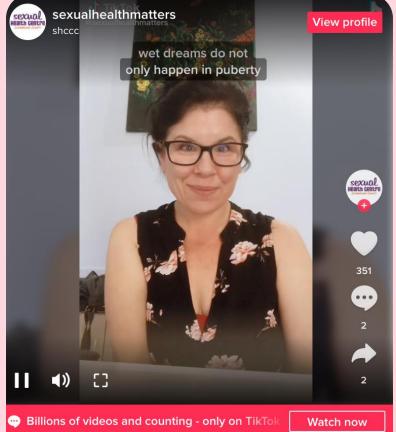
Billions of videos and counting - only on TikTok

Watch now

#### @wenudetotalk

They're not dirty or immoral **#5myths #stigmafree #inclusive #education #STIs #guesswhosback** 

original sound - WeNudeToTalk



#### @sexualhealthmatters

fun facts for today #dreams #canadian #tiktokcanada #foryourpagecanada



nttps://www.theverge.com > tiktok-s... ▼ Vertaal deze pagina

#### TikTok is testing a Snapchat-style stories feature - The Verge

4 aug. 2021 — **TikTok** describes the **feature** in the app as "a **new** way to interact with your fans." Users can create a **new** story by tapping a "create" button ...

https://www.theverge.com > tiktok-... ▼ Vertaal deze pagina

#### TikTok is testing a new tipping feature for some creators - The ...

28 okt. 2021 — **TikTok** is experimenting with a **new** tool that allows **TikTok** users to tip some creators directly on their profiles. Users can tip a creator \$5 ...

https://techcrunch.com > 2021/07/27 ▼ Vertaal deze pagina

TikTok expands LIVE platform with new features, including ...

27 jul. 2021 — **TikTok** expands LIVE platform with **new features**, including events, co-hosts, **Q&As** and more ... **TikTok** announced this morning it's expanding its ...



## Be on the lookout for new features

Seeing as TikTok is a relatively new platform, they're constantly launching new features. Make sure to stay up to date with what's coming so you have an edge when it comes to your content.



### REFLECTION

Do you have any other **Instagram** or **TikTok** tips you'd like to share?

Would you like to reflect on any of the best practices?





### QUESTIONS •







Go to **menti.com**, enter the code [xxxxxxxxx] and answer the following question:

What is your key takeaway from this session?

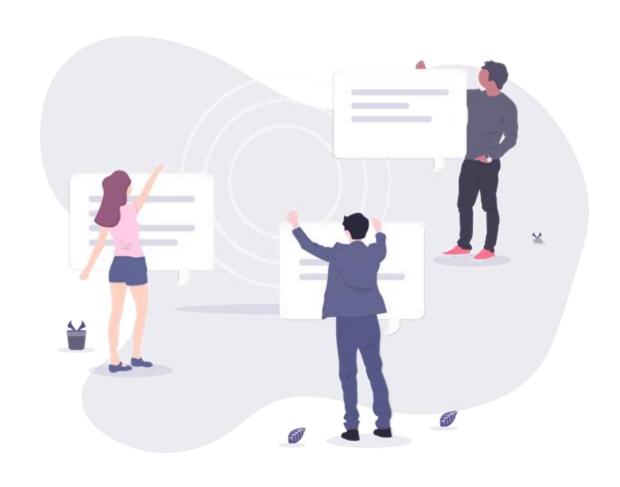


#### **FINAL ASSIGNMENT**

Pitch your story & create one piece of content. You get 10 mins/person for your presentation.

Your pitch should include:

- Target audience statement
- Persuasive aim
- The story
- Format, medium, channel







### Thank you!

