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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Where? (What social network?)** | **Content type (video, image, meme, text?)** | **Topic** | **Message** | **Who is responsible?** | **Date** | **Hour** | **Notes** |
| **Monday** | | | | | | | |
|  |  |  |  |  |  |  |  |
| **Tuesday** | | | | | | | |
|  |  |  |  |  |  |  |  |
| **Wednesday** | | | | | | | |
|  |  |  |  |  |  |  |  |
| **Thursday** | | | | | | | |
|  |  |  |  |  |  |  |  |
| **Friday** | | | | | | | |
|  |  |  |  |  |  |  |  |
| **Saturday** | | | | | | | |
|  |  |  |  |  |  |  |  |
| **Sunday** | | | | | | | |
|  |  |  |  |  |  |  |  |